



Dear Resident and Responsible Party:

We are committed to keeping our residents, families and staff updated on the status of events as it relates to Coronavirus (COVID-19). Therefore, we would like to update you on our plan to address Coronavirus. In an effort to monitor new developments and recommended protocols we have been attending weekly conference calls with the New Jersey/Virginia Department of Health, State Surgeon General, Emergency Operations, and the Agency for Health Care Administration. During today's call, these agencies have recommended further limits on visitors than previously requested. They are now asking the following individuals to avoid visiting the community:

- If you or a member of your household has traveled anywhere internationally or have been on a cruise:
  - ◊ In the last 14 days, please do not visit the community, even without signs of illness
  - ◊ In the last 30 days, please report this to the Executive Director

Please note that these agencies continue to stress that New Jersey/Virginia, at this time, is at a low risk situation. However, preventive measures must be taken to minimize the spread of the Coronavirus, cold, and flu.

The Centers for Disease Control (CDC), the World Health Organization (WHO), and the New Jersey/Virginia Department of Health (DOH) have recommended following the standard universal precautions:

- Visitors with cold and flu like symptoms (fever, cough, shortness of breath) must not visit the community
- Wash hands often with soap and water for at least 20 seconds or use of alcohol-based hand sanitizer that contains at least 60% alcohol if soap and water are not available
- Avoid touching your eyes, nose, and mouth with unwashed hands
- Avoid close contact or sharing cups or eating utensils with people who are sick
- Cover nose and mouth with a tissue or sleeve, not your hands, when coughing or sneezing

As additional precautions Fox Trail has implemented the following:

- All staff members, family members, visitors, vendors, and guests will be screened prior to allowing entry. If anyone exhibits signs and symptoms of illness (coughing, fever, or shortness of breath) they will not be permitted entry into the community.
- All staff members will have their temperature taken – a temperature exceeding 100.4 or higher or signs and symptoms of illness (coughing, fever, or shortness of breath) will not be permitted entry into the community.
- Anyone with international travel within the last 14 days will not be permitted entry into the community.



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- Anyone who has had known interaction with someone with the Coronavirus will not be permitted entry into the community.
- Anyone who has been on a cruise ship within the last 14 days will not be permitted entry into the community.
- All staff members, family members, visitors, vendors, and guests are required to use ONLY the main entry.
- Hand sanitizer or hand washing stations are available at the main entry.
- All offsite activity events have been postponed.
- All 3rd party activity entertainers who provide onsite performances have been postponed.
- The Fox Trail staff will continue to disinfect all high touch surfaces on a routine basis.
- Residents with cold and flu like symptoms (fever, cough, shortness of breath) will be asked to remain in their rooms.

Again, in an effort to reduce the risk to our residents, we are asking everyone to avoid visiting the community altogether, unless it is an emergency or for an essential doctor visit. The Coronavirus is highly contagious and the best safety measure we can offer is to reduce the number of individuals that come in contact with the residents. As a reminder, it is cold and flu season. If you have minor symptoms of illness such as a headache, lethargy, or slight cough (that you think might be allergies), please refrain from visiting until certain that you are not ill. Our residents have fragile immune systems, the cold and flu are real threats to their health. Please ensure you are following the precautions outlined above.

We sincerely hope that you understand our request to limit visits due to the resident population we serve. However, we want to encourage everyone to remain connected to their loved ones via telephone or virtual visits through use of video calling applications like FaceTime, Google Duo, Skype, Instant Messenger, WhatsApp, or similar program. If your loved one needs assistance with this, we are happy to provide access to this technology if needed.

We will continue to monitor the situation with the New Jersey/Virginia Department of Health, State Surgeon General, Emergency Operations, Agency for Health Care Administration, and Centers for Disease Control and will advise you of any future changes as they are announced. Thank you for your understanding. If you have any questions or concerns, please feel free to reach out to the community.

Sincerely,  
Fox Trail Senior Living